

Annual Progress Report 2020

Scaling Up Nutrition Civil Society Alliance, Sri Lanka







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SUN PF VISION, MISSION AND OBJECTIVES

VISION

A world free from malnutrition in all its forms

MISSION

To ensure high quality, tailored efforts to scale up nutrition and reach both national and global targets.

AIM

To initiate and sustain multi-sector coalition of civil society organizations to advocate, monitor and contribute to the country's nutrition interventions both at national and district levels.

OBJECTIVES

- 1. Stakeholders are mobilised to hold the responsible parties accountable for the implementation of nutrition-related policies and plans.
- 2. Stakeholders are capacitated on nutrition policies and practices, through appropriate learning processes.
- 3. The multi-stakeholder platform and CSOs are engaged in enabling nutrition, gender, food security, advocacy and governance related interventions to reach communities in a multi sector approach.
- 4. The governance and sustainability of SUN CSA is strengthened.

INTRODUCTION

The SUN Civil Society Network (CSN) is a part of the Scaling Up Nutrition movement which unites governments, UN bodies, businesses, donors as well as civil society in a collective effort to end malnutrition.

The Scaling Up Nutrition Civil Society Network (SUN CSN) represents over 4,000 national, regional and international organizations spanning multiple sectors, including; small-holder farmers, human rights defenders, women's groups, humanitarian agencies, advocacy and research entities, consumer groups, trade unions and many others. The network includes national civil society alliances in 49 countries as well as four regional coordination groups.

SUN Civil Society Network (SUN CSN) within the SUN movement

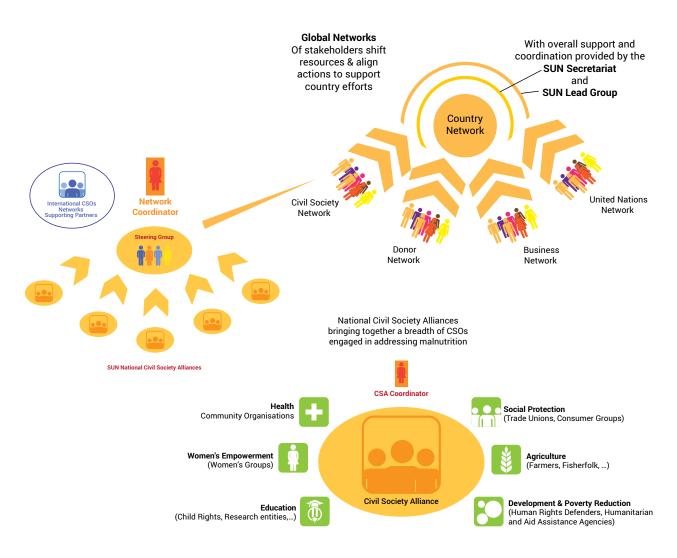


Figure 1: SUN Movement Structure

SUN Civil Society Alliance of Sri Lanka

The Scaling Up Nutrition Civil Society Alliance (SUN CSA) of Sri Lanka is made up of representatives from national and international non-governmental organizations, Civil Society organizations at district level, professional organizations, youth and individuals who are actively engaged in scaling up nutrition interventions in the country.

The purpose of SUN CSA is to create an effective, strong, and vibrant well-coordinated civil society network that promotes and contributes to sustainable improvement in the nutritional status of the population.

SUN Civil Society Alliance of Sri Lanka was established in the year 2014. It is a registered independent organization with a functioning executive council with the member organizations at national level and a governing Board of Directors. The alliance at the sub national level, has a district network comprising around 300 civil society organizations; and a SUN CSA youth network consisting active youth leaders.

Organization Structure

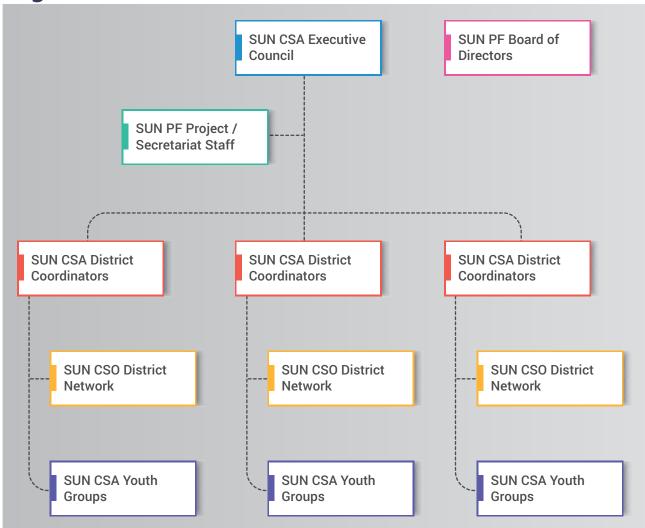


Figure 2: SUN PF Organization Structure

SUN CSA PARTNERS FOR THE YEAR 2020



























Civil Society Organizations at District Level

308 Civil Society Organizations

BOARD OF DIRECTORS, COUNCIL MEMBERS & STAFF

Board of Directors

Sevalanka Foundation Ms. Kaushalya Navaratne Managing Director Dr. Dhanan Senathirajah **National Director** World Vision Lanka

National Director Save the Children Sri Lanka Mr. Julian Chellappah

Mr. Nalaka Siriwardena Country Manager ChildFund Sri Lanka

Executive Council Members

Ms. Dilka Peiris World Vision Lanka (Chairperson)

Save the Children Sri Lanka Mr. Kirupairajah Gowriswaran

Ms. Kaushalya Navaratne Sevalanka Foundation

Mr. Chamindha Rajakaruna Sarvodava

Mr. Dave Maurice **Nucleus Foundation** Ms. R. P. M. Sandamali ChildFund Sri Lanka

Prof. Chandima Wickramatilake Nutrition Society of Sri Lanka Ms. Wimala Ranathunga Sarvodaya Women's Movement

Ms. Visaka Wickramarachchi ADRA Sri Lanka

Ms. Visakha Tillekeratne Girl Guides Association, Sri Lanka

Alternate Members

Mr. Alex Ruban World Vision Lanka Mr. Roshan Delabandara ChildFund Sri Lanka Mr. Niroj Sudarsan Youth Member

Mr. Koshala Gunawardane Youth Member

SUN CSA Secretariat Staff

Dr. Terrence de Silva Project Director SUN PF

Mr. Dayananda Thilakarathne **Project Senior Coordinator**

Mr. Asanka Supun **Project Coordinator**

Mr. Suthan Baskaran Project Coordinator (Technical Specialist assigned for WVL project)

Ms. Avanthika Karunaratne Admin & Finance Officer

Mr. Jerome Saundararaj Admin & Finance Officer (15/10/2020 to 31/12/2020)

SUN CIVIL SOCIETY ORGANIZATIONS DISTRICT NETWORK

No.	District	Coordinator Name	Organization
1	Ratnapura	Mr. Ranjith Wickramasinghe	Organization of Environmental and Children Rights Preservation
2	Monaragala	Mr. Wajira Umagaliya	District Community Organization Forum
3	Hambantota	Mr. Hasantha Somasiri	Sarvodaya District Center
4	Mannar	Mr. U. Thusyanthan	Sarvodaya District Center
5	Anuradhapura	Mr. Nimal Padmasiri	Institute of Rural Social Development
6	Batticaloa	Ms. Shalini Pathmaraj	Ocean Star Lanka
7	Killinochchi	Mr. Janulla Mohammedu Mahir	Sarvodaya District Center
8	Kandy	Ms. Nilanka Damayanthi	Patha Hewaheta Praja Shakthi Sanwardana Padanama
9	Badulla	Mr. Bandula Senadheera	Consortium of Badulla District Civil Organizations
10	Matara	Mr. Nimal Chandrasena Silva	Sarvodaya District Center
11	Kegalle	Mr. M. S. M. Sadique	Association of Social Activities Development Foundation
12	Puttalam	Mr. Siva Wasanthan	Center for Performing Arts
13	Ampara	Mr. Anuradha Aberathne	Sarvodaya District Center
14	Mullaitivu	Mr. S. Sathiyakumar	Sarvodaya District Center
15	Vavuniya	Mr. S. Sathiyakumar	Sarvodaya District Center
16	Trincomalee	Mr. V. Jeeveraj	Sarvodaya District Center
17	Galle	Ms. Priyalatha Kalansooriya	Praja Sanvidhana Kendraya
18	Kurunegala	Mr. H. M. G. Bandara	Wayamba Govijana Parisarika ha Manawa Sanvardhana Kendraya
19	Kalutara	Mr. Sachitha Nandajith Hewage	Asia Lanka Social Development Co-operation (ALSDC)
20	Jaffna	Mr. Johnson Nishanth	Life Mission Helping Hands
21	Nuwara Eliya	Mr. S. Prince	World Vision Lanka

KEY MESSAGES

Message from Chairperson of the Executive Council

Continued collaboration to reach the nation's targets by Scaling Up Nutrition

It is with great pleasure that I am presenting the seventh annual report of Scaling Up Nutrition People's Forum on behalf of the Executive Council and Board of Directors. SUN CSA Sri Lanka continued its advocacy, policy, multi stakeholder collaborations at national and district level during the year 2020. The Alliance, expanded its sub national level CSO network to another 4 districts in the year 2020 bringing the total up to 21 districts. Although the COVID 19 situation delayed and challenged the implementation of some of the activities, we managed to complete most of them with the support and collaboration of the district level CSO network and their partners. I appreciate the tremendous support of SUN CSO district network coordinators. Another main challenge we faced during the year was the absence of a multi sector coordination body or a focal point at national level. I hope we will be able to overcome that challenge next



SUN PF conducted a nutrition and NCD training programme for youth with special funding received from SUN CSN which continued the theme of "young leaders for nutrition". I am grateful to the SUN pooled fund from which we received a further small grant with the facilitation of World Vision Lanka. In addition, World Food Programme, Sri Lanka continued its partnership with SUN PF and the team managed to carry out the assigned projects well.

Year 2020 SUN PF was able to continue its work together with the Government, non-government organizations, civil societies, UN organizations and the private sector partners. Looking ahead, 2021 SUN CSA shall continue to serve collaborating with the Government and the other partners contributing to improve nutrition well-being of communities with new strategy and following the governance procedures developed.

Ms. Dilka Rashmi Peiris

Technical Advisor (Health & Nutrition), World Vision Lanka

Message from Project Director SUN PF

The year 2020 was full of challenges for the SUN PF. As an organization working with the government our activities were interrupted due to the Presidential Election held in November 2019 and the changes that took place in government hierarchy at the beginning of year 2020. We faced the same situation once again due to the General Elections held in August 2020. Further, there was great sense of uneasiness everywhere due to the COVID-19 outbreak which the World Health Organization declared as a pandemic in March 2020.



In spite of the above stated difficulties the SUN PF was able to move forward. Working from home, virtual meetings held both day and night, maintaining distance yet communicating closely, were some of the

new experiences we had in this crisis situation. It is noteworthy to mention a few successful areas during the year; the expansion of the CSO network, the preparation and dissemination of information, education and communication (IEC) materials including videos with the participation of celebrities and training programmes and demonstrations conducted for youth and others. In performing the activities the SUN PF worked closely with Nutrition Division, Non Communicable Disease Unit, Health Promotion Bureau, and Medical Research Institute of Ministry of Health and the World Food Programme of Sri Lanka and several voluntary organizations. The Annual Report 2020, has captured our main activities related to year 2020.

I am sure we would not have been able to cope with our work during this crisis situation without our wonderful team, enthusiastic Board Members, Council Members, keen CSOs and other volunteers, supporters and community partners. Their commitment made all the difference. I am proud and inspired by the way our staff has risen to the challenges - with flexibility, resilience, courage - and a caring heart. I thank all of them for their enormous contributions.

Dr Terrence de Silva

Project Director, SUN PF

Messages from Board of Directors

Stepping in to a year with new challenges.....

In the face of the global pandemic COVID 19, challenges towards nutrition has become immense. Sri Lanka too has faced the consequences of the COVID 19 pandemic greatly in the year 2020. Many lost income generation opportunities, while some others in high risk areas affected by the lack of mobility, had limited resources for their survival.

In this situation, the risk to vulnerable categories in the nutritional sphere has increased. Thus we as an organization established to scale up nutrition, are stepping into a year of



new challenges. Therefore, as an entity who is working towards uplifting the nutrition of the most needed communities a big responsibility lies within us. We need to secure more resources and funding opportunities to reach out to as many communities and people in need. I would like to take this opportunity to thank the board of directors, project director, executive council and civil society network for striving and progressing forward during the most challenging time we faced in the recent past.

Ms. Kaushalya Navaratne, Managing Director, Sevalanka Foundation Chairperson - SUN PF Board of Directors

I am once again privileged to share this message in the annual report of SUN PF. The long standing collaboration between World Vision Lanka (WVL) and SUN PF is noteworthy. Our focus is on helping the most vulnerable children overcome poverty and experience fullness of life. Therefore, we at WVL are privileged to work so closely with this network. WVL is pleased to be able to contribute to the efforts taken to improve the nutrition levels of the people of our country and appreciate the close cooperation that SUN PF has with the relevant line ministries.



I am also happy to note WVL's continuous collaborative effort with SUN PF during the year to receive another new grant to SUN CSA Sri Lanka. WVL will continue to support the great work, to enhance Civil Society capacity and I wish SUN PF all success in its future endeavours.

Dr. Dhanan Senathirajah, National Director, World Vision Lanka

Globally, COVID-19 has disrupted education of over 1.6 billion children, with further ramifications for children's health, nutrition and protection. Prolonged school closures for nearly 9 months in Sri Lanka, have impacted the most vulnerable children. These children who rely on free or discounted meals provided at schools, were unable to receive a nutritious meal. The extended time out of school has had drastic impacts on multiple levels on children's lives. These include, increased anxiety & stress leading to mental health problems; increased violence and abuse at home; and a loss of learning due to lack of equitable distant learning opportunities.



Save the Children calls for a combined effort, from all to protect a generation of children. This is a key moment to step up — a collective call to action. All of us — government, private sector, civil society, individuals etc. — have a role to play in ensuring every child has the ability to continue their learning and return to school when safe to do so. Equally important would be to ensure that every child has access to a balanced nutritious meal. Let us all at SUN CSA work harder towards this goal.

Mr. Julian Chellappah, National Director, Save the Children Sri Lanka

Message from WFP Deputy Country Director

In 2020 the world united to wage a battle against a common enemy - Covid-19. What started as a contagious virus resulted in a global economic slowdown with job losses and reduced incomes which threaten to create a malnutrition crisis, especially among the poor.

In Sri Lanka, eradicating malnutrition remains one of the greatest challenges of our time. Despite significant progress made over the last decade, the country continues to face many socioeconomic challenges, including a nutritional 'triple burden', spanning high levels of under nutrition, overweight and obesity, and micronutrient deficiencies, which was evident from before Covid-19. These pre-existing rates of malnutrition are at further risk as people face increasing difficulties in accessing safe and nutritious food. The United Nations World Food Programme (WFP) has been working with the Government of Sri Lanka and other partners like the SUN PF since 1968, to not only treat, but also prevent malnutrition, as part of its efforts to support countries in achieving Sustainable Development Goal 2, Zero Hunger.

The Scaling Up Nutrition (SUN) movement is made more even more important against the backdrop of Covid-19 to facilitate collaboration among sectors and collectively mitigate the pandemic's impact on nutrition. The SUN People's Forum (SUNPF), as a network of Civil Society Organizations, plays a crucial role within the SUN Movement. By working with individuals and communities at grassroots level, SUNPF has successfully helped identify and spotlight issues faced by vulnerable communities and advocated for interventions that help improve nutrition and food security.

The partnership between WFP and SUNPF continued to thrive in 2020, with the roll-out of several new initiatives. One such initiative was the operational research conducted jointly with the International Food Policy Research Institute (IFPRI) and the Medical Research Institute of Sri Lanka (MRI) to assess the impact of WFP's Food Assistance for Assets programme. The research helped ascertain the impact of this rural development programme, particularly the nutritional outcomes and contribution towards enhancing gender equality and women's empowerment. The study will enable evidence-based advocacy and policy developments in the future to enhance nutrition and food security in the country.

Through the continued work under the CHANGE project - a joint initiative with UNFPA to disseminate knowledge on health and nutrition -- WFP together with SUNPF supported the development of a nutrition social behaviour change communication strategy and implementation plan for the period 2021 - 2025. The initiative was a collaborative effort with the Health Promotion Bureau, which aims to enhance knowledge on nutrition and prompt positive changes in eating habits and dietary intake. Furthermore, an initiative was carried out to improve the nutritional profile of the Thriposha formula, a maize-based supplementary food product which is provided by the Ministry of Health to combat acute malnutrition among children. This marks a noteworthy initiative to safeguard the health and nutrition of vulnerable children.

The actions we take today will determine how the consequences of Covid-19, including its impact on nutrition, will be felt in the coming years and decades. We look forward to our continued partnership with SUNPF to scale up our initiatives and meet unfolding challenges, as we work towards improving food security and nutrition standards and achieving the Sustainable Development Goals by 2030.

Mr. Andrea Berardo

Deputy Country Director - United Nations World Food Programme - Sri Lanka



SUN PF ACTIVITIES 2020

7.1 SUN Pooled Fund Project activities

7.1.1 Capacity Building (Workshop on report writing and proposal development)

Two workshops were conducted for the district level CSO network coordinators and selected members on proposal development and report writing. This two-day residential capacity development workshop also included practical sessions. The participants were given the technical knowledge on the proper identification of relevant issues to be addressed, setting smart objectives, outcomes, outputs and indicators. Additionally, a session on how to prepare an appropriate budget and timeframe for the project implementation in order to make the proposal more successful was conducted. These programs were held in both Tamil and Sinhala languages. Further, writing a comprehensive report mentioning the achievements and project implementation was also discussed. In these two workshops, practical examples were taken and group work was assigned to facilitate peer learning as well.

According to the feedback received at the end of the workshop, this was the first workshop most of them had participated to learn proposal development and report writing. Representatives from 34 civil society organizations participated in this training from Puttalam, Batticaloa, Vavuniya, Mullativu, Mannar, Ampara, Killinochchi, Trincomalee, Colombo, Anuradhapura, Badulla, Ratnapura, Monaragala, Kandy, Hambantota, Kegalle and Matara districts.





Figure 3: Capacity Building Programme at Awissawella



Figure 5: Capacity Building Programme at Awissawella



Figure 4: Capacity Building Programme at Awissawella



Figure 6: Participants for the Capacity Building Programme at Trincomalee

7.1.2 Training Programme for CSO Members on Nutrition

District level CSO members were trained on basics of nutrition in 14 districts. This was collaboratively done with the Nutrition Society of Sri Lanka, a professional member organization of the SUN CSA executive council. The training covered topics such as: what nutrition is, malnutrition, the triple burden of malnutrition, causes and consequences of malnutrition and also the vicious cycle of malnutrition. The participants were educated on calculation of BMI and the proper maintenance of BMI. An introduction was given on non-communicable diseases and their relationship with nutrition. The methodology of the workshop was participatory. The group works helped the participants to learn from each other. The example was taken of a person 24-hour dietary recall which made everyone aware of their eating habits. In some areas this training comprised with COVID-19 awareness as well on how to prevent and manage by boosting immunity through proper nutrition.



Figure 7: Nutrition Training at Anuradhapura



Figure 8: Nutrition Training at Vavuniya



Figure 9: Nutrition Training at Batticaloa



Figure 10: Nutrition Training at Kandy



Figure 11: Nutrition Training at Trincomalee



Figure 12: Nutrition Training at Puttalam



Figure 13: Nutrition Training at Matara



Figure 14: Nutrition Training at Killinochchi



Figure 15: Nutrition Training at Monaragala



Figure 16: Nutrition Training at Mullaitivu



Figure 17: Participants for the Nutrition Training at Badulla



Figure 18: Nutrition Training at Kegalle

Table 01: Details of the participants for training programmes on nutrition

No	Districts	No of CSOs	Total Participants	Female	Male
1	Badulla	17	49	28	21
2	Kegalle	16	38	21	17
3	Kandy	11	41	28	13
4	Monaragala	21	44	31	13
5	Matara	15	48	28	20
6	Anuradhapura	11	21	10	11
7	Vavuniya	16	23	18	5
8	Trincomalee	7	16	12	4
9	Puttalam	16	25	13	12
10	Killinochchi	17	24	10	14
11	Jaffna	17	21	11	10
12	Batticaloa	16	18	9	9
13	Mannar	6	23	13	10
14	Mullaitivu	11	17	12	5
	Total	197	408	244	164

7.1.3 Formation of Civil Society Networks in New Districts

The CSO network was expanded to another nine districts; and newly formed SUN CSO district network includes Kegalle, Puttalam, Kalutara, Galle, Kurunegala, Ampara, Kandy, Badulla, and Jaffna. An orientation meeting was conducted for the member organization representatives, where awareness on nutrition and non-communicable diseases was raised. Measuring the height and weight of each and educating them on how to calculate the BMI took place. These small awareness sessions have helped them to understand the importance of a healthy diet and a proper lifestyle. The Civil society organization received the membership of Scaling up Nutrition People's Forum for a long journey towards building a healthy nation through the healthy eating habits and adequate physical activities. These new district network formations contributed to increase the membership of SUNPF family by another 154 organizations.



Figure 19: Galle District CSO Network Formation Workshop



Figure 20: Kurunegala District CSO Network Formation Workshop



Figure 21: Jaffna District CSO Network Formation Workshop



Figure 22: Kandy District CSO Network Formation Workshop

7.1.4 Development of Communication Materials

7.1.4.1 Production of Campaign videos with Celebrities to share the Nutrition Messages to the Community

Nutrition and health related messages are disseminated to the community by health professionals such as doctors, nutritionists and PHMs in the intervention programmes. Out of this general concept, SUN PF conducted a project to convey nutrition messages to the community by using the celebrities in different fields who are popular among society. The purpose of this project was effectively communicate nutrition messages by celebrities to the community to change their lifestyle in healthy way in contributing to improve the public nutrition. Four video clips were produced in each Sinhala, Tamil and English mediums totaling 12 video clips. The messages carried by the videos covered four key areas mentioned below

- 1. Importance of having a balanced and healthy diet
- 2. Importance of Physical Activities
- 3. Reduction of the consumption of sugar, salt and fat
- 4. Importance of the consumption of fruits, vegetables and green leaves

The project was conducted with a theme and tagline to share this powerful message.

Theme: "Nutrition and Life, the time has come"

Tagline: "Nutrition is the Foundation for a Healthy Life. It is Your Investment for Tomorrow"

The Nutrition Division of the Ministry of Health worked in collaborating with SUN PF in the processing of the messages and they provided technical support while Health Promotion Bureau perfected the quality communication elements to make Figure 23: Logo of the Campaign the messages accessible to the public. The celebrities who are mentioned below voluntarily contributed to success this endeavor.



- 1. Mr. Edward Jayakody Veteran Singer and Musician
- 2. Mr. Roshan Abeysinghe Famous Cricket Commentator
- 3. Ms. Niranjani Shanmugaraja Popular Film and Teledrama Actress and Singer
- 4. Mr. Chandran Rutnam Veteran Film Director
- 5. Ms. Tharjini Sivalingam Former Captain of the Sri Lanka National Netball Team
- 6. Mr. Dilantha Malagamuwa Motor Racing Champion
- 7. Ms. Stephanie Siriwardhana Miss Universe Sri Lanka 2011
- 8. Ms. Ranjani Rajmohan Veteran Announcer
- 9. Mr. Narada Bakmeewewa Veteran Journalist
- 10. Mr. S. Vishwanathan Veteran Announcer
- 11. Ms. Shyamali Pathirage Maternal and Child Health Advisor



Figure 24: Tagline of the Campaign

The videos were launched at the SUN PF Stakeholder Meeting held on 30th September 2020 at Hotel Renuka, Colombo.



Figure 25: Mr. Edward Jayakody



Figure 26: Ms. Ranjani Rajmohan



Figure 27: Ms. Tharjini Sivalingam



Figure 28: Mr. Chandran Rutnam



Figure 29: Mr. S.Vishwanathan



Figure 30: Ms. Shyamalee Pathirage



Figure 31: Ms. Niranjani Shanmugaraja



Figure 32: Mr. Dilantha Malagamuwa



Figure 33: Mr. Roshan Abeysinghe



Figure 34: Ms. Stephanie Siriwardhana



Figure 35: Mr.Narada Bakmeewewa

7.1.4.2 Producing Television Commercial and Booklet to Promote Home Gardening

Scaling Up Nutrition People's Forum together with Nutrition Division of the Ministry of Health developed a video and a booklet for a campaign on promoting home gardening under the theme of "Our Nutrition from our own garden". In this project SUN PF funded and contributed with technical support to produce a television commercial and a booklet to promote nutrition sensitive home gardening among Sri Lankan community. The Health Promotion Bureau also contributed in providing technical guidance. The purpose of the project was to raise awareness and motivate the people for home gardening without using chemicals; and increase the food security at household level. It was a timely theme because food insecurity has increased with the COVID 19 and people have given much attention on growing crops.



Figure 36: Television Commercial on Home Gardening



Figure 37: Booklet on Home Gardening

7.1.4.3 Printing Leaflets

Two major areas SUN CSA Sri Lanka is focusing on include promoting good nutrition and well-being of pregnant women and promoting breast feeding. Two leaflets targeting the public on 'nutrition during pregnancy' and 'importance of breast feeding' were developed



Figure 38: Tamil Version of the Leaflet for Pregnant Mothers



Figure 39: Sinhala Version of the Leaflet on Breastfeeding

7.1.4.4 SUN PF Desk Calendar

A desk calendar was printed and distributed by SUN PF in collaboration with Nutrition Division, Ministry of Health. The calendar contained 12 healthy messages against each month.

Figure 40: SUN PF Desk Calendar 2020



SUN PF had already designed and printed a BMI calculator to distribute among community. It was redesigned including recommended Body Mass Index cut off points for Sri Lankan adult population as stipulated in the 2018 circular of the Ministry of Health.



BMI Calculator

7.1.4.6 Complementary Feeding Booklet

SUN PF supported Family Health Bureau of the Ministry of Health to print a booklet with the guidelines for complementary feeding to be shared with mothers.



Figure 42: Tamil Version of the "Complementary Feeding" Booklet



Figure 43: Handover of "Complementary Feeding" Booklets to Dr.Chithramali De Silva, Director of the Family Health Bureau by Dr. Terrence De Silva, Project Director of the SUN PF

7.1.5 Development of SUN CSA strategic and operational guidelines and documents.

For ensuring the strategic direction, Sustainability and smooth functioning of SUN PF, it was taken measures to developed SUN CSA strategy related documents and other guidelines and manuals as mentioned below;

- Strategy and MEAL framework
- 2. Fundraising strategy
- Governance manual
- Finance and procurement procedures
- Human Resources manual

In addition a small introductory video clip about SUN CSA Sri Lanka, and a leaflet carrying information about SUN CSA was developed.



Figure 44: Ms. Nilanka Weerasekara Presenting at the Strategy Development Workshop



Figure 45: Group work at the Strategy Development Workshop



Figure 46: Meeting with consultant for Governance manual development

7.1.6 SUN CSA Website and CSO data base development

In year 2020 SUN CSA was able to develop its website and it was launched at an event held in September.

SUN CSA website: www.suncsasrilanka.org

It consists a database having information about the district level CSO network.



Figure 47: SUN PF Director Board Member Ms. Kaushalya Navaratne launching the SUN PF Website



Figure 48: Home Page of the SUN PF Website

7.1.7 MSAPN district level plan validation

SUN PF facilitated in collaboration with the National Nutrition Secretariat for preparation of Sub National Multi Sector Action Plan on Nutrition (MSAPN) from May 2019 to October 2019 in selected 8 districts. The selected districts were Nuwara Eliya, Ratnapura, Hambantota, Monaragala, Killinochchi, Mannar, Anuradhapura and Batticaloa. The first draft all Sub National Plans were submitted to the Presidential Secretariat and which were thereafter shared with relevant district secretariats to review and finalize. In 2020 first guarter, SUN PF facilitated and followed up with district secretariats to validate the plans at district level.

7.1.8 Scaling Up Nutrition Stakeholder Meeting

The SUN PF stakeholder meeting was held on 30th September 2020 at Hotel Renuka, Colombo with the participation of number of stakeholders representing Government, UN Agencies, NGOs/INGOs, CSOs, Academia and Private sector who are working with Scaling Up Nutrition Civil Society Alliance Sri Lanka. The meeting was held with the theme of "Civil Society Organizations - Essential Partner for Improving Nutrition". The objectives of the meeting were;

- To share the SUN CSA work, strength of networks and available capacity
- Discuss gaps in programming, coverage and areas for improvement
- To identify the areas in which civil society can support food and nutrition security programmes

The Meeting started with the welcome speech by Dr. Dhanan Senadirajah, Country Director, WVL. Dr. Terence de Silva, Project Director of the SUN PF made a brief introduction about the programme and the Journey of the SUN CSA Sri Lanka was explained by Ms. Dilka Rashmi Peiris, Chairperson of the executive council, SUN PF.



Figure 49: Dr. Dhanan Senathirajah Makes Welcome Speech



Introduced the Programme



Figure 50: Dr. Terrence De Silva Figure 51: Introduction about SUN PF by

The keynote speech was made by Mr. Thilak Kariyawasam on "How CSOs can help in nutrition improvement". He shared the CSO experiences in working for improvement of community nutritional status.

The panel discussion was conducted on Scope of CSO in the country nutrition agenda. Six consultants took part in the panel and discussion which was facilitated by Ms. Visakha Tillekeratne.



Figure 52: The Panel Discussion in SUN PF Stakeholder Meeting



Figure 53. Mr. Roshan Delabandara Hosted the Event

Table 02: Details on Panel Discussion

Name of the Consultant	Designation and Organization	Торіс		
Dr. Susie Perera	DDG (PHS II), Ministry of Health	How CSOs can support the programs of the Ministry of Health		
Dr. Lakmini Magodaratne	Director, Nutrition Division, MoH	How to use CSOs to disseminate nutrition knowledge to the grass-root level community		
Dr. Renuka Jayatissa	Head of the Nutrition Department, MRI	How CSOs can translate nutrition research findings in to actions		
Ms. Brenda Barton	Country Director, WFP Sri Lanka	CSOs as a part of Multi stakeholder collaborations		
Mr. Lasantha Premachandra	Senior Manager Advocacy and Policy, World Vision Lanka	Engagement of CSOs at the policy level		
Mr.Nalaka Siriwardene	Country Director, ChildFund Sri Lanka	Sharing experiences of NGOs/CSOs, Nutrition communication with public, other sectors involvement		

The other participants who represented CSOs and other organizations actively engaged in panel discussion with their ideas and experiences.



Figure 54: The Participants in SUN PF Stakeholder Meeting



Figure 56: Awarding Celebrities



Figure 55: Mr. Wajira Umagaliya Present his ideas in SUN PF Stakeholder Meeting



Figure 57: Dr. Dula de Silva former CEO of SUN PF at the Stakeholder Meeting

7.2 Social Media Engagement of SUN CSA Sri Lanka

Scaling Up Nutrition People's Forum conducted 'Social Media Campaigns' throughout the year. The purpose of these campaigns were advocacy and awareness creation among the community on nutrition and other health related factors. Articles, advocacy messages, nutrition messages, animation videos and video clips have been shared using different platforms such as Facebook, You Tube and the SUN PF official website as well.

7.2.1 Advocacy Campaign on "Importance of Nutrition during the COVID 19"

Although 'Nutrition' as a subject was of utmost importance during the COVID 19 epidemic conditions, the attention it received was inadequate. Thus a high level advocacy campaign was conducted by SUN PF in collaboration with SUN Global Network to get the attention of all responsible parties for continue the interventions for improving nutrition during the COVID 19 period.



Figure 58: COVID Advocacy Messages

7.2.2 Article for World Health Day

SUN PF shared an article through facebook for World Health Day on 7^{th} April 2020. The World Health Day 2021 was celebrated under the theme of "Help Nurses and Midwives"



Figure 59: Article for World Health Day

7.2.3 Community Awareness Campaign on COVID 19

SUN PF shared 5 articles on 06th April 2020 in both Sinhala and Tamil to create awareness and educate the community on COVID 19, under the WHO guidelines.



Figure 60: A Leaflet for COVID 19

7.2.4 World No Tobacco Day Message

SUN PF conducted a campaign titled "Save the money that you spend for tobacco for the good nutrition of your family" on 31st May 2020.



Figure 61: World No Tobacco Day Message

7.2.5 World Environment Day Message

The key message was that 'Environment and Protecting Life' is absolutely interconnected. Environmental factors and environment pollution directly affects NCDs and environmental protection is important for nutrition too. SUN PF made this strong awareness message for World Environment Day on 5th of June 2020.



Figure 62: World Environment Day Message

7.2.6 World Breast Feeding Week Campaign

As per every year the World Breast Feeding Week 2020 was held on 1st of August to 7th of August. The theme was "Support breastfeeding for a healthier planet" SUN PF prepared and shared an advocacy message and a video to promote breastfeeding.



Figure 63: World Breast Feeding Week Message



Figure 64: World Breast Feeding Week Video

7.2.7 Community awareness on World Heart Day

Prevalence of heart disease is increasing day by day due to the unhealthy dietary and lifestyle patterns. Proper nutrition is directly affected on reducing heart disease. For World Heart Day celebrated on 29th September, SUN PF shared a video among CSO members and community. This was primarily to raise awareness on how to protect oneself from heart disease with a proper lifestyle.

මෙවර තේමාව "හදවතින්ම හදවත සුරකිමු"

Figure 65: World Heart Day Video

7.2.8 World Diabetes Day message

Every year World Diabetes Day is commemorated on 14th of November. SUN PF shared some messages through facebook for public awareness.

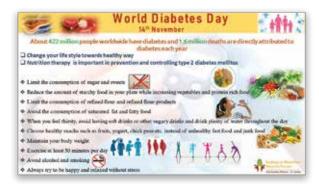


Figure 66: Message for World Diabetes Day

7.2.9. Message for World AIDS Day Post

A message was shared by SUN PF for the World AIDS Day held on $1^{\rm st}$ of December.



Figure 67: Message for World AIDS Day

7.3. Special Events and Special Day Celebrations

7.3.1. World Food Day Programme

World Food Day was held on 16th October. The theme of the 2020 was "Grow, Nourish, Sustain, Together. Our Actions are our Future". Scaling Up Nutrition People's Forum organized a speech and discussion on "Nutrition Security and Food" for World Food Day. The speech was conducted by Dr. D.B.T. Wijeratne, Assistant Country Representative (Programme), FAO. This event was conducted as a virtual meeting due to the COVID 19 situation. Dr. D. B. T. Wijeratne focused on food security, nutrition sensitive agriculture, healthy food pattern for nutrition, how to reduce food wastage, how to protect the nutritional value of food in different stages and legal side of the food policy. After the speech, the discussion



Figure 68: Banner of the Word Food Day Programme

was conducted based on the guestions and clarifications asked by participants.

7.3.2. Dissemination of Food Based Dietary Guidelines to Public

Food Based Dietary Guidelines for Sri Lankans were revised and launched by the Nutrition Division of the Ministry of Health and United Nations Food and Agriculture Organization in December 2020. Scaling Up Nutrition People's Forum organized a virtual meeting in collaboration with Nutrition Division, Ministry of Health to disseminate the FBDGs to Public on 15th December 2020. The programme was conducted with the participation of Dr. Lakmini Magodaratne, Director, Nutrition Division and the session was conducted by Dr. Anoma Basnayake, Consultant Community Physician, Nutrition Division, Ministry of Health.



Figure 69: Invitation for the Dissemination Meeting of the FBDGs



Figure 70: Dissemination of Food Based Dietary Guidelines to the Public

7.4. COVID 19 and Nutrition awareness

7.4.1 Nutrition and COVID integrated training programme at district level for CSOs

With the COVID pandemic situation it was deemed very important to create community awareness on nutrition in supporting 'increasing immunity'. Hence at districts level, programs were conducted for the CSO members, and youths with regard to nutrition, non communicable disease, COVID prevention and impact of COVID 19. This commenced in December, and in six districts completed the programs covering 241 participants. The Regional Department of Health Services contributed to the program with necessary technical inputs and required permission to conduct the program under the health guidelines, They also educated the participants on the COVID19 pandemic situation in the respective districts, reiterating prevention measures including adhering to proper hygienic practices. Further, they talked about the status of non communicable disease in the district and how required preventive measures.

7.4.2 Communication material on Nutrition for COVID 19

Together with the Nutrition Division of the Ministry of Health, a leaflet was developed to raise Public awareness on the importance of nutritious dietary intake and preventive actions to be taken during the pandemic. The leaflet was developed in all three languages.





Figure 71: English Version of the Leaflet on Nutrition for COVID 19

7.5 SUN CSN Youth Leadership Grant Project

Training and Empowering Youth Leadership to Combat non communicable disease

This project was conducted by Scaling Up Nutrition People's Forum with the purposes of preventing NCDs with the involvement of youth clubs. This was to be achieved primarily through training and empowering youth club leaders at national and subnational levels in collaboration with relevant partners. This project was funded by the SUN CSN Youth Grant. The theme of the project was "Young Leaders for Nutrition". A total of 78 youth leaders participated in two programmes representing 14 districts. Youth leaders were made aware and trained on several key areas associated with preventing NCDs and improving nutrition as mentioned below.

In this programme participant were trained and made aware on non communicable disease (prevalence, risk factors, impact and prevention), basic nutrition (nutrition related policies, food based dietary guidelines, proper nutrition to prevent NCDs and BMI level), practical sessions on physical activities, cooking demonstration on preparation of healthy food, prevention of alcohol, drugs and tobacco and entertainment and communication and mental relaxation to prevent NCDs.

A simple question paper was given to participants at the beginning of the programme to assess the basic knowledge on NCDs and nutrition (pre-test). Thereafter the same question paper was used at the end of the

programme as a post – program test evaluation. An action plan was developed by youth leaders for each district with the support of a consultant. A youth coordinator was appointed for each district to coordinate with SUN PF for future programmes.

Partners of the Programme: Ministry of Health (NCD unit, Nutrition Division, Health Promotion Bureau and RDHS Office Trincomalee), Ministry of Sports, National Youth Services Council, Nutrition Society of Sri Lanka, Alcohol and Drug Information Centre (ADIC Sri Lanka), World Vision Lanka.







Figure 72

Figure 73

Figure 74







Figure 75

Figure 76

Figure 77





Figure 78

Figure 79

Figure 72, 73, 74,75, 76 & 77: Special Events of the Youth Programmes in Moratuwa and Trincomalee

Figure 78: Participants at the Moratuwa Programme

Figure 79: Participants at the Trincomalee Programme

Feedback from Partners and Participants of the Youth Programme

Feedback from Dr. Vindya Kumarapeli, Director - NCD, Ministry of Health

The "Young Leaders for Nutrition" training program on nutrition and noncommunicable diseases for vouth leaders was conducted by the Scaling Up Nutrition People's Forum in collaboration with the Ministry of Health. This program which is aimed at the youth leaders was



carried out in order to educate them on how to organize programs which focus on nutrition to prevent non communicable diseases. Whilst youth play an important role in being change agents, this program was well organized and implemented to facilitate their role as leaders. The program was carried out in both Sinhala and Tamil languages ensuring higher coverage of the youth population. The program covered a wide arena of subjects from knowledge on non-communicable diseases, its risk factors particularly alcohol and drugs, about food based dietary guidelines and also included practical cooking sessions, group activities and physical activity sessions to name some. This well-planned program was carried out in a successful manner and we are certain that the remaining programs too will be carried out in a similar manner.

Dr. Vindya Kumarapeli

Consultant Community Physician Director -Non-Communicable Diseases Ministry of Health

Feedback of a participant from programme at Moratuwa

The three day residential training programme conducted by SUN PF was a very meaningful programme. The attention on good nutrition for youth, is very important and a timely need. It is also important that youth come forward to promote good health among the



community. After all, a healthy young generation is essential for a prosperous future of any country. The future governance and economic development of the country also depends on us - the future leaders. The knowledge and training gained at this training workshop by the youth leaders was immense. We covered the importance of a healthy diet and wellbeing, nutrition required for youth, nutritious food preparation, prevention of non-communicable diseases, alcohol, tobacco and drug prevention and the importance of physical exercise. We also learnt important areas such as leadership, personality development and soft skills which was very valuable. Previously, we did not have a clear understanding of our potential and our responsibility as young leaders to contribute to improve the nutritional status of the country. This programme gave an idea about it and empowered us to work towards it and support to control NCDs too. As a young leader in charge of youth, I hope to share what I have learned with others. Further, I would like to say that we are ready to contribute to the expansion of these valuable programme to all youth leaders in the island. I would like to thank SUN PF once again for their endevours.

K.A.D. Puspakumara

Presidential Scout Minister of Health and Social Welfare, Youth Parliament of Sri Lanka (Kandy District)

Feedback from Assistant Director (Trincomalee), National Youth Services

It is gratifying to note that the three days residential training programme on Nutrition and Non - communicable Diseases for Youth Leaders conducted by Scaling Up Nutrition People's Forum, in collaboration with the NCD unit of the Ministry of



Health, and National Youth Services Council was concluded very successfully. This programme was done with the objective of improving the nutritional status among Sri Lankans and reducing the prevalence of NCDs. As a part of the National Youth Services Council, we expect to link with SUN PF continuously and follow up with the youth leaders who participated in this programme. This will be done through meetings, and we will encourage them to raise awareness on nutrition in their communities. In my view, this programme was very effective and timely because there are so many nutrition related problems and NCD cases among youth. I am pleased to note that we will continue to coordinate with youth leaders in such programmes and provide support in the future. We appreciate the effort of SUN PF and it is a pleasure to partner with them.

Mr. S. Ravi Kumar

Assistant Director (Trincomalee) National Youth Services Council

Feedback of a participant from programmeme at Trincomalee

I am Fathima Risla from Puttalam and I am very pleased to have got the opportunity to participate in the three days training workshop organized by SUN PF for youth leaders. We learned how much a person should pay attention on diet and nutrition, at this programme. We were also taught



about exercise, maintaining a proper BMI value and the need to control body fat levels in very practical ways. We were made aware of how to choose food carefully as the food we eat has a huge impact on our life. We learnt a lot about the absorption of nutrients in the foods we consume in our daily diet as well, and the benefits it brings to the individual. After attending this programme I made many changes in my daily life and it is worth sharing this with the people in my community. I would like to thank SUN PF for change us to become a capable and appropriate group to educate the community on non-communicable disease control as well. After this programme as we are careful not to adopt various adverse lifestyles that lead to non-communicable diseases. We were ignorant before this programme. Through the programme, our knowledge has improved. Now we possess the skills and training to organize programmes on preventing NCDs and improving nutrition. We feel empowered to implement them.

Nahoor Fathima Risla

Wories Youth Club Puttalam District

SUN CSO DISTRICT NETWORK ACTIVITIES

8.1 Intervention to Improve Household Food Security

Home gardening campaign was launched in 9 districts under the direct involvement of district CSOs. The selected families were given both technical knowhow and the seeds and plants as a motivation for starting their own home garden. The main objectives of the project was the empowerment of micro agriculture, enhancing food and nutrition security, empowering women in the household, preserving indigenous knowledge on cultivation to enhance happiness and harmony within the family.

Activities under the project included, gathering information to find out the correct groups, coordinating with respective government agencies, conducting awareness raising program on home gardening related matters and providing seeds and plants for the cultivation. This was started in 9 districts with selected 525 families. Priority was given to



Figure 80: Distributed Plants

the marginalized families, families with pregnant or lactating mothers and families with children at risk of malnutrition.

Home gardens gives many benefits to the families ensuring the provision of daily nutrition requirement. Usually, women play an important role in food production and this helps them to earn additional money which increase the purchasing power of families, especially for women. In that sense it gives a lot of opportunities for women empowerment. Further, it provides the physical exercises that people need. Engaging in home gardening activities together on a daily basis gives much pleasure which creates family bonding as well.

Table 3: Number of Beneficiaries of the Household Food Securuty Programme

No	District	No of beneficiaries
1	Kandy	60
2	Kegalle	5
3	Monaragala	40
4	Ratnapura	150
5	Trincomalee	50
6	Batticaloa	60
7	Mannar	75
8	Kilinochchi	42
9	Mullaitivu	85
	Total families	525



Figure 81: Distributing Plants

Feedback from Ratnapura District CSO member

It's a strength during difficult time: Mr Kodithuwakku. Pelmadulla, Ratnapura district SUN CSO network



"During the first wave of COVID19, the country was locked down. We faced lots of difficulties during this period in finding food items. The system of distributing vegetables and other food items was paralyzed during the period. Sometimes we had to be satisfied with minimum food items instead of having a nourishing meal. We knew that having nutritious meal is very important to boost the immunity to fight with virus diseases. But we had no other option."

Immediately after lifting the lock down, there were lots of discussion on promotion of home gardening. Scaling Up Nutrition Peoples' Forum was also involved in them. them. They had taken steps to train low income earners, especially giving assistance to start home gardens. Ratnapura district SUNPF network coordinated this initiation in our area. Accordingly, I was able to start a little nursery with seeds provided by them to start my own home garden. The seeds included a number of vegetables and I added some other plants by myself as well. Within a short period, I was able to harvest them. This is still continuing. I have been collecting all kind of

nutritious plants from my home garden for almost 5 months and I distributed the excess vegetables among my neighbors as well. As I kept planting seeds in my small nursery continuously, now I have found a side business for plants. My home garden provides our meals with rich and fresh produce, while my plant nursery gives me some additional income for the family. This is the best way for saving money, earning money, having nutritious meal, ensure the micro nutrients intake and reduce the malnutrition and food security throughout the year.

Feedback from Kegalle District CSO member: Mr. Jihad, Kegalle District CSO Network



My name is Jihad. I am living at Athnawale village in Warakapola. My father is a daily wager. His income is not sufficient to feed all of us. I was so worried about of my inability in supporting the family. I had trained few months ago on how to start mushroom cultivation. But I couldn't find the capital investment to start the cultivation. it needs separate shelter, wood powder, polyethene, a barrel, bags for mushroom packing and seed etc; to start the cultivation. My dream was being dragged day by day. In the mean time I came to know that the Scaling Up Nutrition People's Forum has initiated home garden promotion program. I knew the Civil Society Organizations which have direct involvement with this forum. I approached one of the coordinating officers in the district and asked their support. Luckily, they agreed to support and given

an initial grant to fulfill the infrastructure facilities to start the cultivation.

We started the project

to the expected level and my family members were also supporting me. I could improve the harvest within few weeks up to 3 kilograms per day which was a good indication of a successful business. I could sell a kilogram per 200 rupees. There was a high demand for this crop in the area. I have a plan to increase the production.



Figure 82: Mushroom harvest

8.2. COVID 19 Response Program in Monaragala

This advocacy program was held in Monaragala with the Regional Department of Health Services to educate professionals who work with children and mothers on the subject of "COVID 19 and Nutrition". Children, pregnant women, lactating mothers, preschool teachers and school teachers benefitted with s direct educational interventions. Priority was given to the topic on prevention and control of COVID 19 while having proper nutrition. This intervention reached horizontally among the government professionals as well. The program stated that having a nutritious meal is key to improve the immunity system of human body.



Figure 83: Banner of the Monaragala district COVID 19 response programme

Under the Covid19 response project 13 programs have been conducted for the various group of people. These included health personnel, teachers, parents and children, civil society members and government servants who had been assigned for the election duties. 230 males and 313 females participated in these programmes. All of them were coordinated by the Monaragala SUN Civil Society network coordinator Mr.Wajira Umagiliya and the technical expertise were given by Regional Department of Health service –Monaragala

8.3. Exhibition on Local and Healthy Food Contributed by Ratnapura District CSO Network

The Department of Co-operative Development, Sabaragamuwa Province Organized an Exhibition to promote local products. They invited the Ratnapura district CSO network to join the programme. The first step of this exhibition was held on 17th, 18th and 19th of June 2020 at Ehaliyagoda Co-operative Society Hall. Members of the Ratnapura district SUN CSO made some stalls with local food items and organic and healthy food. According to the request of Ratnapura District CSO network, SUN PF conducted a nutrition screening and counselling programme at the exhibition premises on as well. At the programme the weight, height and BMI of the participants were measured and each person was individually advised toto maintain a healthy diet and life style.







COLLABORATIONS WITH OTHER ORGANIZATIONS

9.1 R5N research project

Scaling Up Nutrition People's Forum Supported the implementation of R5N research project during the year. This is a collaborative research project with United Nations World Food Programme, Medical Research Institute, Ministry of Health, International Food Policy and Research Institute and Wayamba University of Sri Lanka. The implementation of the operational research will assess the programmes conducted on nutrition, gender and economic outcomes. This three year project started in 2019 and is conductes across the 5 districts (Monaragala, Matale, Mannar, Batticaloa and Mullaitivu) SUN PF coordinated the project at the national level and local level. We facilitated and contributed in logistics and technical support for training programmes, field visits, data collection and other project related activities.

9.2 CHANGE project

Nutrition Communication Strategy Development

SUNPF supported the United Nnation World Food Programme Sri Lanka office for the development of a nutrition social behaviour change communication strategy and implementation plan for the period 2021 – 2025. The initiative was a collaborative effort with the Health Promotion Bureau, which aims to enhance knowledge on nutrition and prompt positive changes in eating habits and dietary intake. SUN PF coordinated with two consultants (Dr. Kumari Navaratne and Ms. Sandya Salgado) and WFP for this project. The final report on "NATIONAL NUTRITION SOCIAL BEHAVIOUR CHANGE COMMUNICATION CAMPAIGN IMPLEMENTATION PLAN, 2021-2025 SRI LANKA" was submitted to Ministry of Health on December 2020 by the consultants.

Thriposha Programme Enhancement

WFP implemented an initiative carried out to improve the nutritional profile of the Thriposha formula, a maize-based supplementary food product which is provided by the Ministry of Health to combat acute malnutrition among children. SUN PF collaborated to coordinate this. This marks a noteworthy initiative to safeguard the health and nutrition of vulnerable children.





CONFERENCES & WORKSHOPS REPRESENTED BY SUN PF

1. SUN CSA representatives attended the Vertual ACG Annual Regional Meeting held in November 2020

Ms. Dilka Peiris, Ms. Sandamali Rajapaksha, Mr. Dayananda Thilakaratne, Mr. Asanka Supun from SUN CSA Sri Lanka attended all three days

Mr. Roshan Delabandara did a presentation "Nutrition Sensitive Agriculture" which was under the main theme of Multi-sectoral approaches to address malnutrition at the learning session of the regional meeting

2. Provided feedback to SUN 3 strategy development and joined the meetings on SUN 3 draft strategy

3. SUN LABs Training Programme

The CSN Secretariat (CSNS) has developed SUN LABS as the first shared/online database for CSAs to address the multiple requests for support received through the years and to enhance CSAs governance through rigorous data gathering, analysis and dissemination. There were series of training programs to orient the users on how it should be managed properly and effectively for the dissemination analysis of the information. Later on, the participants were assigned to provide the required information using the new system.

YOUTH LEADERS FOR NUTRITION EVENTS AND PROGRAMMES

- Zoom Meeting on World Food day to get ideas on food system and had a discussion on proper nutrition.
- Training on Advocacy and Leadership.
- Youth leader presented at the Vertual Asia Regional CSN meeting about the youth project conducted in Sri Lanka
- Meeting with Ms. Gerda Verburg the UN secretary to discuss the plans and to get ideas
- Youth involved in SUN Strategy 3.0 development meetings.
- A new Youth Leaders Coordinator appointed. Joined the initial meeting with her. regarding the programs in future
- SUN youth leaders group is having monthly calls vertual to discuss about the updates and future Plans.

SUN PF EXECUTIVE COUNCIL, SECRETARIAT AND ADMINISTRATIVE FUNCTIONS

a. SUN Movement Joint Annual Assessment

This time SUN movement joint assessment submitted as SUN CSA Alliance only as there is no national level coordinating body established to conducted the joint assessment

b. SUN Business Network

SUN CSA network continuously engages with the SBN network activities and coordinates with the SBN Coordinators. SUNCSA participated in several SBN meetings in order to identify the ways and modes of communicating nutrition related issues to the respective staff. it also included Do's and Don'ts with regard to optimizing the nutrition status of people. Virtual meeting also took place on the effort to promote fortified rice among the public. Last quarterly meeting was held to promote workplace nutrition and well-being, production of nutritious food and creating awareness on the subject. The main objective of the meeting was to improve and strengthen the private sector's contribution towards improving nutrition in Sri Lanka and achieve SDG2 Zero Hunger. The core objectives of the quarterly meeting were, knowledge sharing of areas of interest to the private sector, develop the implementation strategy for two of the work plans, promotion of nutritious food and work place health and nutrition.

c. SUN PF Board of Directors

Appointed new members to the SUN PF Board of Directors - Mr. Nalaka Siriwardena, ChildFund Sri Lanka



Figure 84: SUN PF Board of Directors' Meeting

d. SUN PF Executive Council

Five executive council meetings held during the year. Due to COVID situation after March the meetings were organized as virtual meetings.

e. SUN PF Secretariat office

SUN PF office was hosted in World Vision Lanka Premises until 31st July 2020

Shifted to new place from 01/08/2020, new address 120A, Srimath Anagarika Dharmapala Mawatha , Colombo 07.

13 | CIVIL SOCIETY MEMBERS | FEEDBACK

Feedback from SUN CSA Kandy District Coordinator

I am Nilanka Weerasekara working as the district coordinator of the Kandy district SUN CSO Network. I heard about the SUN PF through s friend in February 2020. I have worked with different development and social welfare projects for more than 15 years, so I was very interested about this forum. Althouth we have conducted different social empowerment campaigns in different areas such as environment protection programmes, there was not much attention on nutrition. SUN PF empowered and trained us to work on this different topic. I joined with SUN CSA Sri Lanka in February 2020. It was a good opportunity for me and for Kandy district Civil Societies to be able to contribute to promoting good nutrition



for our future generation. We were made aware of the importance of community action on nutrition, healthy food preparation, prevention of NCDs, reducing sugar, salt and fat, maintaining proper BMI level etc. at the programmes. Representing the Kandy district CSO network, we conducted programmes targeting parents of the children and pregnant mothers. The Estate sector is one of most vulnerable communities consuming large amount of starchy food. We guided them to prepare healthy food and also do home organic gardening promoted with support of relevant government officials. I learnt many things and got a valuable knowledge and training on nutrition which I can use. I am confident that I am able to contribute to improve the community nutritional status in Kandy district by joining the Scaling Up Nutrition People's Forum. I wish that SUN CSO will conduct more campaigns to improve the nutrition status and prevent NCDs.

Ms. Nilanka Weerasekara

District Coordinator - Kandy District, SUN CSA Sri Lanka

Feedback from SUN CSA Killinochchi District Coordinator

I'm Janulla Mohammedu Mahir working as a District coordinator at Sarvodaya Kilinochchi additionally I have been working as the SUNPF Civil society network coordinator of the district. During the period, we could improve our understanding on nutrition related matters so much. As a result of this knowledge gain, we were expected to do some advocacy initiatives with regard to nutrition. We thought of doing something for the younger generation because they are more vulnerable than the others. Most of the youths are used to eat lot in outside and they consume foods with large amount of sugar, salt, oil without knowing and there is high risk of getting non-communicable disease in their later life if they don't change their consumer pattern.



Therefore, we initiated to implement the canteen policy in the schools which was introduced by the ministry of health. We initiate a programme to raise awareness among the children on healthy eating and at the same time we influence the canteen owners to stick to the policy introduced by the ministry of health. Then, they removed the unhealthy food items from the canteen and added less sugar, oil and salt to the food they serve to the customers. Apart from that more fruits and fresh juices introduced. This is being monitored by the health officials once a month. The parents supported very much for this initiation. Now the children including boys and girls also have so much enthusiasm in having nutritious food with less salt, less sugar and less oil at the same time they are willing to improve the physical activities comparatively. We will maintain this situation in future as well under the slogan of "Growing up children with nutrition foods" we thank to the SUNPF for enlighten us on this. I thank the SUN PF for coordinating with us.

Mr. Janulla Mohammedu Mahir

District Coordinator - Killinochchi District, SUN CSA Sri Lanka



FINANCIAL REPORT

as at 31st December 2020

ZRAZ A.S. ASSOCIATES

03

Chartered Accountants

SCALING UP NUTRITION PEOPLE'S FORUM (GUARANTEE) LIMITED STATEMENT OF FINANCIAL POSITION			
AS AT 31ST DECEMBER 2020	NOTE	31.12.2020	31.12.2019
		Rs.	Rs.
ASSETS			
CURRENT ASSETS			
Advance	01	428,500.00	37,000.00
Prepayments	02	330,000.00	
Cash & Cash Equivalents	03	18,286,617.66	24,864,836.91
		19,045,117.66	24,901,836.91
TOTAL ASSETS		19,045,117.66	24,901,836.91
RESERVES AND LIABILITIES			
FUNDS AND RESERVES			
Restricted Funds	04	18,852,667.66	24,744,196.20
		18,852,667.66	24,744,196.20
LIABILITIES			
Expenditure Creditors	05	192,450.00	157,640.00
TOTAL RESERVES & LIABILITIES		19,045,117.66	24,901,836.20

These Financial Statements are in accordance with the requirements of the Companies Act No 07 of 2007.



The Board of Directors is responsible for the preparation and presentation of these financial statements



Director

The Accounting Policies and Notes on pages 07 to 16 form an integral part of the Financial Statements.

Funding Sources for the year 2019

Donor Organization	Amount Rs	Amount \$
World Food Program (Project 1)	11,438,120.00	62,743.39
World Food Program (Project 2)	23,400,000.00	128,359.85
UNOPS SUN Pooled Fund (World Vision) - Project 01	16,004,470.00	87,820.83
UNOPS SUN Pooled Fund (World Vision) - Project 02	1,853,300.00	10,046.62
Youth Grant (SUN CSN)	1,166,190.00	6,450.00
Total	53,862,080.00	295,420.69

LIST OF CIVIL SOCIETY ORGANIZATIONS IN SUN CSO DISTRICT NETWORK

Ratnapura District

- 1. Mithuru Mithuro Sansadaya
- 2. Sumithuro Sanvidhanaya
- 3. Janothsa Development Foundation
- 4. Sambaragamu Janatha Foundation
- 5. Regional Association of Civil Society Organization
- 6. Sri Lanka AmadyapaYowun Samajaya, Kuruwita
- 7. SDM Human Resource Development Foundation
- 8. Sambaragamuwa Community Development Foundation
- 9. Organization of Environmental and Children's' Rights Preservation (OECRP)

- 10. People's Livelihood Development Foundation
- 11. Ratnapura Dristrict Wanitha Padanama
- 12. Samurdhi Sanwardhana Sanvidhanaya
- 13. Araliya Sahajeewana Sangamaya
- 14. Minipura Shakthi Padanama
- 15. Wekada Eksath Gemunu Subasadaka Samithiya
- 16. Wekada Parakum Jala Paribogika Sanvidhanaya
- 17. Liyasaviya Sabaragamuwa Kantha Sanwardhana Padanama

Hambantota District

- 1. Ruhunu Wellassa Area Foundation (HWAF)
- 2. Sri Lanka Red Cross Organization
- 3. Ahinsawadi Kriyadharayange Samadana Sangamaya
- 4. Social Mobilization Development Foundation
- 5. Navajeewana Foundation
- 6. Brac Lanka Finace PLC
- 7. Hambantota Football Fedaration

- 8. Hambantota District Sahabagithwa Sanvardana Kendraya
- 9. Magam Ruhunu Trade Association
- 10. Women Development Federation
- 11. Pera Pasal Guru Sangamaya
- 12. Kalabala Bindu Lama Udyanaya

Anuradhapura District

- 1. Kabathigollewa Integrated Rural Development Organization
- 2. Foundation for innovative Social Development (FISD)
- 3. Pragathi Sewa Foundation (PSF)
- 4. Association of Women with Disabilities
- 5. Rajarata Sarwashakthi Foundation
- 6. SamasewayaThalawa
- Praja Shakthi Sahabagithwa Sanvardana Padanama, Rambawa
- 8. Ritigala Women Development Forum

- 9. Universal Friends Club
- 10. Rajarata Gami Shakthi Nirmana Kawaya
- 11. Sahana Disable Society Nochchiyagama
- 12. Kantha Pihita, Anuradhapura
- 13. Sri Lanka Gramashakthi Development Foundation
- 14. Rajarata Participatory Development Foundation
- 15. Institute of Rural Social Development (IRSD)
- 16. SAFE Foundation

Monaragala District

- 1. Human Rights First Aid Center
- 2. Sarana Sahana Sewa Foundation
- 3. Janata Sahabhagithwa Sangamaya
- 4. Flower Planter's Ladies Committee
- 5. Ekamuthu Subasadaka Sangamaya

- 6. Ekabadda Sanwardhana Sansandaya
- 7. Gramiya Arthika Sanwardhana Padanama
- 8. District Community Organization Forum
- 9. Monaragala Ranamayura Purawesi Sabawa
- 10. Uva Wellassa Kantha Sanvidanaya

Nuwara Eliya District

- 1. C.R.P Pedro Organization
- 2. Tea Field Child Development Federation
- 3. World Vision Lanka
- 4. Eksath Lanka Welfare Society
- 5. Save the Children

- 6. Suwashakthi, Nuwara Eliya
- 7. Hemamali Wedihiti Samithiya
- 8. Institute of Social Development (ISD)
- 9. Nucleus Foundation

Batticaloa District

- 1. NESEDA (National Economic Social Education Development Association)
- 2. SHED (Serving Humanity through Empowerment and Development)
- 3. Habitat for Humanity Batticaloa
- 4. MENCAFEP (Mentally Disabled Children and their Families Education Project)
- 5. OCEAN Star Lanka

- 6. Child Action Lanka
- 7. SEDO Lanka
- 8. SEEDA (Social Economic Education Development Association)
- 9. Munaipu Sri Lanka
- 10. RAHAMA Fourt Funding organization

Mannar District

- 1. Sarvodaya, Mannar
- 2. Mannar Women Development Foundation (MWDF)
- 3. MARR (Mannar Association for Relief and Resettlement)
- 4. PAFFREL (People's Action for Free and Fair Elections)
- 5. Katheramali.S.S.S, Mannar
- 6. MARDAP (Mannar Association for Rehabilitation of Differently Able People)
- 7. MSEDO (Mannar Social Economic Development Organization)

- Sri Lanka Red Cross Society
- CHRD (Center for Human Rights Development)
- 10. Ganapumei.S.S.S, Mannar
- 11. Deshodaya, Mannar
- 12. IRICDP (Inter Religious Initiatives for Child Development and Preservation)
- 13. Mothers Club Mannar

Mullaitivu District

- 1. Aalumai women, Mullaitivu
- 2. Center for Humanitarian and Integrated Development (CHID)
- 3. RDS (Rural Development Society)
- 4. SLCDF (Sri Lanka Center for Development Facilitator)
- 5. Ampal puram Community Center
- 6. Jaffna Social Action Centre (JSAC)
- 7. Maththiyastha Sabai Mullaitivu

- Rural Development Society (RDS)
- Meenavar Sangam
- 10. Nishsa Women's Forum
- 11. Vattappalai Women Rural Development Society
- 12. Alampi Women Rural Development Society
- 13. Kumula Women Rural Development Society
- 14. Sarvodaya, Mullaitivu

Trincomalee District

- 1. People's Economic Development Organisation (PEDO)
- 2. People's Service Council (PSC)
- 3. Helping Women
- 4. Sarvodaya, Trincomalee

- Heart Ceylon Foundation (HCF)
- Sri Lanka Red Cross Society (SLRCS)
- 7. Child Development Fund (CDF)
- 8. Woman Action Network (WAN)

Colombo District

- 1. Viluthu Centre for Human Resource Development
- Sri Lanka Girls Guides Association

Kilinochchi District

- 1. Selva Nagar Rural Development Society
- 2. Kanakompikai Kalam Rural Development Society
- 3. Mediation Board Kilinochchi
- 4. WRDS (Women Rural Development Society)
- 5. Rama Street Civil Society Organization
- 6. Youth Service Organization
- 7. Shanthiham Kilinochchi
- 8. Women and Child Development Society
- 9. National Association for Humanitarian Rehabilitation (NAHRO)

- Organisation for Integrated Social Development (OISD)
- 11. Mahasakthi Amaippu
- 12. Veesman Foundation
- 13. Santhisena Sansadaya (Sarvodaya)
- 14. Family Rehabilitation Center
- 15. Siragukal Kilinochchi
- 16. Vennerikkulam Rural Development Society
- 17. Northern Province Consortium of Organizations for Differently Abled (NPCODA)

Jaffna District

- 1. Jaffna K.K.P Youth Club
- 2. Bharathi Pre-School
- 3. Karukampanai Hindu Youth Club
- 4. Life Mission Helping Hands
- 5. Rural Women Development Association
- 6. Koppay Kannakai Amman Women and Children Association
- 7. Chankani East Women Association
- 8. Kalaivaani Mothers Club
- 9. Allaippitti Rural Women Development Association
- 10. Cumedica preschool, Anna preschool
- 11. Chinnamadu Rural Women Development Association
- 12. Katkovalam Rural Women Development Association

Kurunegala District

- 1. Ridee Liya Maw Sansadhaya
- 2. Govinge Samaja Seva Sanvidhanaya
- 3. Athugalpura Parisara Padanama
- 4. Sri Lanka Dilindukama Pitudakeeme Padanama
- 5. Sahabagithwa Praja Seva Tharuna Sanvidhanaya
- 6. Sooriya Subasadhaka Samithiya
- 7. Sri Lanka Jathika Sanvardhana Padanama
- 8. Wana Arana Parisara ha Samaja Sanvardhana Padanama
- 9. Yashodara Kantha karya Sanvidhanaya
- 10. Amarasoma Nahimi Padanama
- 11. Vishaka Kungana Samithiya
- 12. Ekamuthu Kantha Samithiya
- 13. Sihanada Kreeda Samithiya

- 14. Wayamba Govi Kantha Sansadhaya
- 15. Sarvodaya District Madyasthanaya
- 16. Panduwasnuwara Janasurakum Sanvardhana Madyasthanaya
- 17. Wayamba Govi jana Parisarika ha Manawa Sanvardhana Kendraya
- 18. Ekamuthu diriya Kantha Karya Sanvidhanaya
- 19. Kurunagala Human Rights organization
- 20. Wasana Kantha Diriya Wanitha Sanvidhanaya
- 21. Wataraka Grama Sanvardhana Samithiya
- 22. Samagi Uayana Grama Sanvardhana Samithiya
- 23. Pragathi Kantha Samithiya
- 24. Subha Sadhaka Sangamaya

Matara District

- 1. Krushi Vyavasayakayange Sangamaya
- 2. Janasahana Sahayogitha Padanama
- 3. Pradeshiya Wadihiti Balamandalaya
- 4. Samaja Sanvardhana Ayathanaya
- 5. Mahasen Padanama
- 6. Ekamuthu Govi Sanvidhanaya
- 7. Nagenahira Govi Sanvidhanaya
- 8. Vadihiti Sanvidhanaya

- 9. Pahatharata Praja Sanvardhana Sansadaya
- 10. Sanskruthika Balamandalaya
- 11. Pradeshiya Kantha Balamandalaya
- 12. Visura Sanvardhana Padanama
- 13. Praja Sanvardhana Sansadaya
- 14. Pubudu Vadihiti himikam Pravardhana Samithiya
- 15. Deshodaya Mandalaya (Sarvodaya, Matara)

Galle District

- 1. Praja Shakthi Sanvardhana Padanama
- 2. Grama Shakthi Sansadaya
- 3. Hikkaduwa Sahabagithwa Sanvardhana Padanama
- 4. Kantha Samupakara Samithiya (Nivasa saha Jeewanopaya Sanvardhanaya)
- 5. Ekamuthu Kantha Karya Sanvidhanaya
- 6. Gami Kantha peramuna
- 7. SANASA, Galle
- 8. Anagarika Darmapala Sahabhagithwa Sanvardhana Padanama
- 9. Liya Sarani Kantha Samithiya

- 10. Jasmin Kantha Sanvidhanaya
- 11. Sahabagithwa Sanvardhana Padanama
- 12. Akmeemana Kantha Sanvardhana Samithiya
- 13. Shakthi Mothers Health Society
- 14. Pragathi Suba Sadhaka Samithiya
- 15. HELPO ECO Green Ltd, Galle
- 16. Women Economic Development Foundation
- 17. South Fisheries Organization
- 18. Jeyshta Purawesi Kamituwa
- 19. Praja Sanwidhana Kendraya

Kandy District

- 1. Kantha Sahabagithwa Sanwardhana Kendraya
- Ekamuthu Kantha Sanvidhanaya
- 3. Praja Shakthi Sanwardhana Padanama
- 4. Mithu Saviya Foundation
- 5. Jayamaga Praja Sanwardhana Padanama
- 6. Vegiriya Nagenahira Shakthi
- 7. Patha Hewahata Prajashakthi Sanwardhana Padanama
- 8. Praja Shakthi Padanama
- 9. Pivithuru Kantha Samithiya
- 10. Sanskruthika saha Parisarika Sansadaya
- 11. Vidatha Vyavasayaka Sansadaya
- 12. Prathibha Kantha Karya Sanvidhanaya
- 13. Gabadagama North Kantha Sanvidhanaya

- 14. Prathibha Kantha Sanvidhanaya
- 15. Gamipubudu Praja Mula Sanvidhanaya
- 16. Kandy Little Kids
- 17. Parisara Surakum ha Vidya Gaveshana Sanvidhanaya
- 18. Sarvodaya District Centre
- 19. Shakthi Kantha Sanvidhanaya
- 20. Ekamuthu Kantha Sanvidhanaya
- 21. Hill Country Forum for Community Organization (HIFCO)

Kalutara District

- Asia Lanka Social Development Co-Operations (ALSDC)
- Mihithala Mithuro Parisara Sanwardana Padanama 2.
- Samagi Shakthi Ekabadhda Sanvidhanaya
- 4. Deepthi Govi Kantha Samithiya
- Eksath Siriliya Kantha Samithiya
- 6. Surakimu Mihikatha Sanvidanaya
- 7. National Volunteers Association
- 8. Sarvodaya Shramadana Sangamaya
- 9. Kalutara Kantha Sanvidhanaya
- 10. Thirasara Kantha Sanwardana Padanama

- 11. Hela Shakthi Tharuna Samajaya
- 12. Isiwara Samaja Sathkara Padanama
- 13. Ekamuthu Kantha Samithiya
- 14. Shakthi Kantha Sanvidhanaya
- 15. Thekkawaththa Sanasa Samithiya
- 16. Samatha Mula Mandalaya
- 17. Sujana Mithuro Padanama
- 18. Community Orientation Resource Exchange (CORE)
- 19. Organization of Environment and Children Rights preservation (OECRP)

Puttalam District

- 1. Me Rasa Bojun Group
- 2. St. Sebastian Fisheries Society
- 3. Mushroom Cultivator's Society Mundalama
- 4. VOICE Area Federation
- 5. Child Vision
- 6. Friends Forum for Rural Income & Environmental Development Services
- 7. Vilpotha Kantha Ithurum Parishramaya
- 8. Good Neighbours, Puttalam
- 9. Mercy Lanka
- 10. Tharuna Sangamaya, Puttalam
- 11. Organization of Environmental and Childrens' Rights Preservation (OECRP)
- 12. Center for Performing Arts

Vavuniya District

- Mathavuvaidha kulam Women Rural Development Society
- 2. Marambai kulam Women Rural Development Society
- 3. Kannaddy Women Society
- 4. Deshodaya, Vavuniya
- 5. Salambaikulam Community Centre RDS

- 6. Kadar Sinna Kulam VCDC, Vavuniya
- 7. Samalan kulam Women Society (Treasures)
- 8. Sarvodaya Vavuniya
- 9. Rural women Forum
- 10. Velankulam Llanthalir Youth Club
- 11. Berendina Micro Credit, Vavuniya

Badulla District

- 1. Sarvodaya, Badulla
- 2. Pragathi Praja Mula Sanvidhanaya
- 3. Neth Sathuta Subhasadaka Sangamaya
- 4. Giri Hela Praja Mula Sanvidhanya
- 5. Swaranamali Kantha Balamandalaya
- 6. Kokila Kantha Sanvidhanya
- 7. Grama Sanwardhana Samithiya
- 8. Pioneer Distance Education Centre

- 9. Reyukai Lanka Association
- 10. Rural economic Development Founadation
- 11. Kadurata Sanwardhana Padhanama
- 12. Sigithi Early Chilhood Development Center
- 13. Bandarawela Purawesi Sabhawa
- 14. Subasadhaka Sangamaya for Government and semi Government
- 15. Consortium of Badulla District Civil Organizations

Ampara District

- 1. Women Development Foundation(WDF)
- 2. Diriya Women Forum
- 3. Arma Aid
- 4. Ruhunu Lanka
- 5. Young Men's Hindu Association
- 6. Peoples Progressive Development Society (PPDS)
- 7. NGO Consortium

- 8. Venmathy Women Society
- 9. Inter Religious Federation of Ampara District (IRFAD
- 10. Nava jeewana
- 11. Sri Lanka Red Cross Society
- 12. United People's Organization
- 13. Sarvodaya Ampara
- 14. Healthy Life

Kegalle District

- Association of Social Activity Development Foundation
- 2. Young Male Muslim Association
- 3. Organization of Environmental and Children's' Rights Preservation (OECRP)
- 4. Ekamuthu Kantha Samithiya
- 5. Nirmala Kantha Samithiya
- 6. Vishaka Kantha Samithiya
- 7. Samadhi Samithiya
- 8. Yatogoda Kantha Samithiya
- 9. Organization for Social and Education

- 10. Thuruliya Govi Kantha Samithiya
- 11. SITHAMU Wilpola Kantha Govi Sanvidhanaya
- 12. Muditha Kantha Govi Sanvidhanaya
- 13. Samurdhi Prajamula Samithiya
- 14. Sai-Law Foundation
- 15. Manawa Sampath Kendraya
- 16. Managala Sports Club
- 17. Praja Sahayogitha Vyaparaya
- 18. Youth Sports Club

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